

# 4-80 CHALLENGE

:: Sunday :: 26 November 2006 :: 8.00am :: Cairnhill Community Club ::

## REGISTRATION FORM

### Instructions on filling up the form

- Sections A and B are compulsory .
- For participant below 21 years old, a PARENT or GUARDIAN is required to fill up Section C and Section D.
- For participant 21 years old and above, please fill up Section C and Section E.

### Section A PARTICIPANT'S PARTICULARS

Name as in BC/NRIC/Passport: \_\_\_\_\_

BC/NRIC/Passport No.: \_\_\_\_\_ Sex: Male / Female

Home Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Race: \_\_\_\_\_ Email Address: \_\_\_\_\_

Tel: \_\_\_\_\_ (H) \_\_\_\_\_ (O) \_\_\_\_\_ (HP)

T-Shirt Size: \_\_\_\_\_ (S, M, L or XL)

Registration Fee: \$10.00 (PAssion Member) / \$15.00 (Non-Member)

### Section B CONTACT PERSON'S PARTICULARS (In case of emergency)

Name as in BC/NRIC/Passport: \_\_\_\_\_

Tel: \_\_\_\_\_ (H) \_\_\_\_\_ (O) \_\_\_\_\_ (HP)

Relationship to Participant: \_\_\_\_\_



- Please tick (✓) where applicable
- Please ensure that all items below are filled in before submission.

HAVE YOU EVER HAD	NO	YES	If YES, please provide brief description such as when, diagnosis, treatment, medication was received and whether the condition is stable.
a) High Blood Pressure			
b) Diabetes			
c) Asthma			
d) Tuberculosis			
e) Heart Disease			
f) Bone or Joint Injury			
g) Skin Diseases			
h) Physical Disabilities			
i) Hearing Problem			
j) Eye Problem (excluding short-sightedness)			
k) Neurological problems (eg. fits, stroke)			
l) Nervous problem (eg. anxiety, schizophrenia)			
m) Operations or admission to hospital			
n) Allergy to medicine/food			
o) Other Medical Problems/Conditions (Include pregnancy)			

**SELF-DECLARATION**

I declare that all information given above is true and correct.

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Date

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Signature of \*Participant/Parent/Guardian

\*delete where not applicable



**Section D FOR PARTICIPANT BELOW 21 YEARS OLD** (To be completed and signed by PARENT / GUARDIAN)

**ACKNOWLEDGEMENT & CONSENT OF PARENT / GUARDIAN**

I, \_\_\_\_\_ holder of NRIC/Passport No. \_\_\_\_\_ allow my \*child / ward (name) \_\_\_\_\_ to participate in the 4-80 Challenge. I am aware that my \*child's / ward's participation in the activity involves a certain amount of risks. I understand that my \*child's / ward will have to co-operate fully with the staff and instructor/guide and diligently comply with all safety instructions. I shall therefore not hold the People's Association or their servants and agents responsible for any damage to or loss of property or any injury or loss of life which may be sustained by my \*child / ward during the activity or arising from any cause in connection with the activity where such damage or loss of property or any injury or loss of life is not caused by the negligence or wilful act or omission of the People's Association or their servants or agents.

I declare that all medical information provided in Section C are true. My \*child / ward is currently not suffering from any acute ailments or diseases. I further declare and confirm that I have read and fully understood all the sections in this registration form and that all information provided herein are true and ratify the Medical Declaration and Undertaking given by my \*child / ward.

\_\_\_\_\_  
Name of \*Parent/Guardian

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

**Section E FOR PARTICIPANT 21 YEARS OLD AND ABOVE** (To be completed and signed by PARTICIPANT)

I, \_\_\_\_\_ holder of NRIC/Passport No. \_\_\_\_\_ am aware that my participation in the activity involves a certain amount of risks. I understand that I will have to co-operate fully with the staff and instructor/guide and diligently comply with all safety instructions. I shall therefore not hold the People's Association or their servants and agents responsible for any damage to or loss of property or any injury or loss of life which may be sustained by myself during the activity or arising from any cause in connection with the activity where such damage or loss of property or any injury or loss of life is not caused by the negligence or wilful act or omission of the People's Association or their servants or agents.

I declare that all medical information provided in Section C are true. I am currently not suffering from any acute ailments or diseases. I further declare and confirm that I have read and fully understood all the sections in this registration form and that all information provided herein are true and ratify the Medical Declaration and Undertaking given by me.

\_\_\_\_\_  
Name of Participant

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\* Delete where not applicable

**CAUTION!!**

4-80 Challenge is a Race for those with a high level of physical fitness. If you are not sure of your physical condition, please consult your doctor before sending in your registration form.



## Rules & Regulations

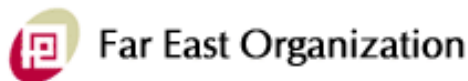
1. All entries should be made on official entry form. The organising committee shall not be responsible for any disputes arising from incomplete entry details.
2. Payment and submission of entries can be done by post or hand. They are to be sent to: Cairnhill Community Club, 1 Anthony Road, Singapore 229944 c/o 4-80 Challenge. Office hours are 9.00am – 10.00pm (Mon – Sun). Entries by post are to be accompanied by cheque payment for registration fee.
3. All cheque payment to be made payable to 'Cairnhill CC YEC'. Kindly write name, NRIC and contact number on the reverse side of cheque.
4. Registration will be on a first-come, first-serve basis up to 100 participants.
5. Participants are to arrive at least 40 minutes before the race for registration.
6. The organisers reserve the rights to limit or refuse entry.
7. Closing date of registration is by noon on Sunday, 12 November 2006 or when the participation reaches the maximum capacity, whichever is earlier.
8. Late entries after the closing date will not be entertained.
9. All registrations are non-transferable and there will be no refund of registration fees for absentees on race day or if event is cancelled due to unforeseen circumstances (Wet Weather etc).
10. The Organising Committee shall not be liable for any loss and/or damage, personal or otherwise, and howsoever arising from the event.
11. Failure to observe the Rule & Regulations may render the participant disqualified.
12. The judges' decision is final. Any disputes arising from the participation shall be referred to Arbitration to be conducted in Singapore under the law of Singapore Arbitration Court.
13. The Organising Committee reserves the right to amend any of the above rules and regulations or part thereof and the right to use any photographs, recording and its participants for any legitimate purpose, including commercial advertising.

**For Enquiries: Please call Cairnhill Community Club @ (65) 6737 9537**

**Event Organiser:**



**Supported By:**



**In Celebration of:**



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